

## Itinerář 2 (2.týden)

8. ledna 2015  
9:53

<http://norge.cz/kam-v-norsku/turisticke-cesty/377-turistveg-to-nejlepsi-z-norska-1>

Detailní mapy Norska:

<http://www.visitnorway.com/en/vn/map/?poi=159306&source=prod>

National Tourist Routes

<http://www.visitnorway.com/en/what-to-do/tours-safaris/tour-suggestions/follow-a-national-tourist-route/>

On-line turistické mapy:

<http://ut.no/kart/>

Ferry v Norsku:

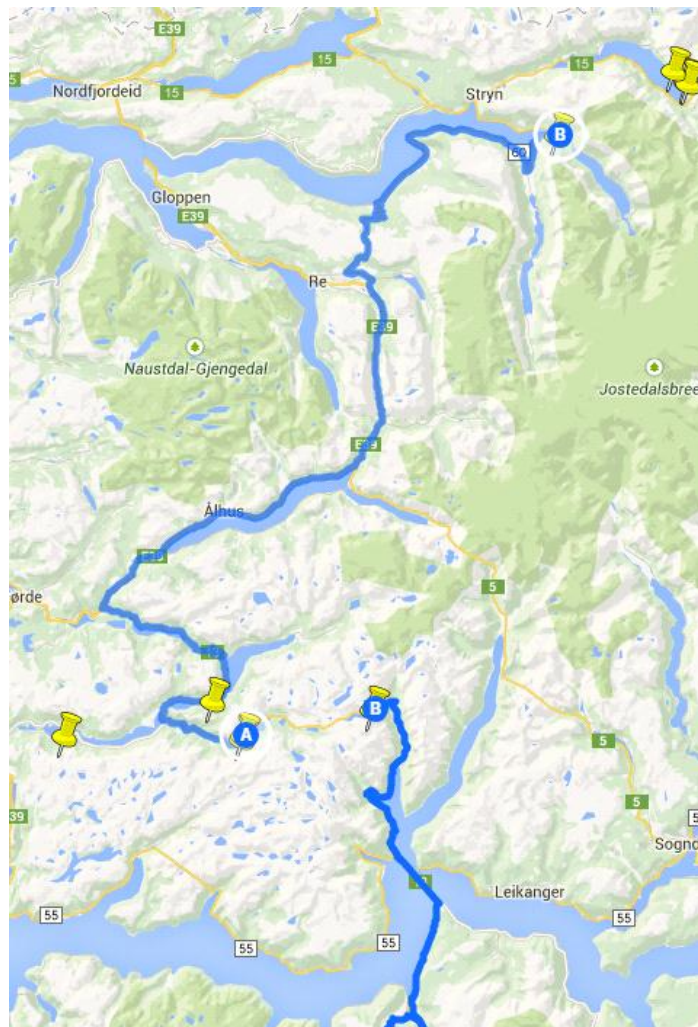
<http://blog.lavivatravel.cz/ferry-v-norsku/>

Video: <https://www.youtube.com/watch?v=NvxbJ0g9qDw#t=32>

### Čtvrtek 9.7.

- Přejezd do Loenu, 200 km, 4 hodiny
- Po cestě trajekt Vangsnes - Dragsvik
  - o 344 Vangsnes - trajekt: 61.174990°, 6.637287°



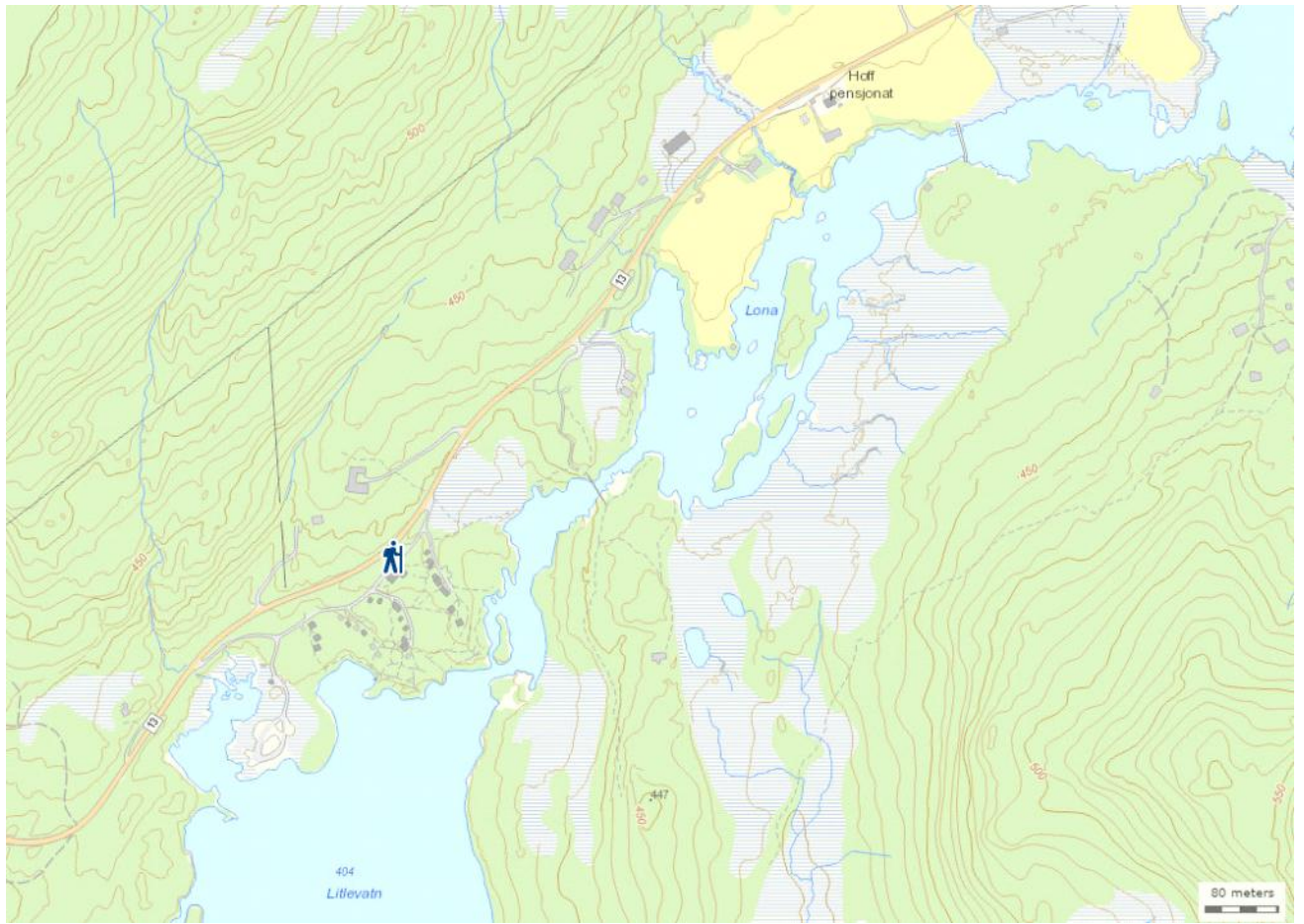


### Fossestien

350 Fossestien: 61.326245°, 6.269414°  
- Zastávka a procházka

Fossestien path follows old paths and roads to the summer farms along the Gaular river and goes from Gaularfjellet to Viksdalen valley. It is 21 km long and the journey passes by 14 waterfalls and seven lakes. You can arrive at the hiking path and park at four different places: Eldal, Likholefossen, Longestølen and Torsnesstølen. Hiking along the river in this way is something quite unique, with its own tranquillity and rhythm.









351 Likholefossen: 61.328081°, 6.272102°



### Utsikten

360 Utsikten: 61.351429°, 6.517714°

Utsikten on the Gaularfjellet is one of the finest viewing points on this stretch of road. The rest area is situated at the top of the ascent from the Vetlefjord towards Moskog. From this point you have a majestic panorama of a lushly beautiful landscape where national road 13 winds its way up the hillside. Here we are constructing a viewing point that will be completed in 2015.



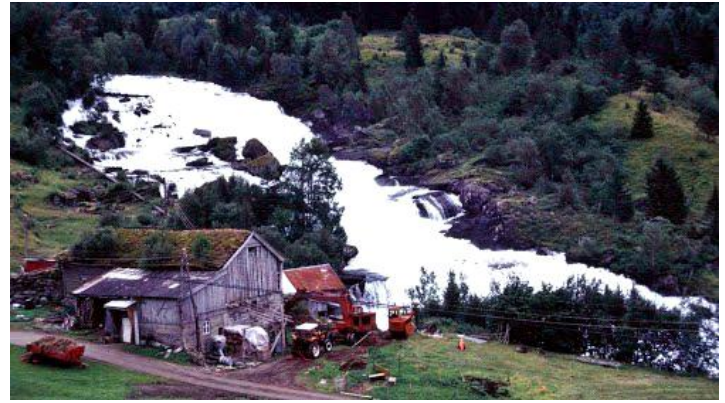


**Vallestadfossen**

347 Vallestadfossen: 61.359431°, 6.215896°

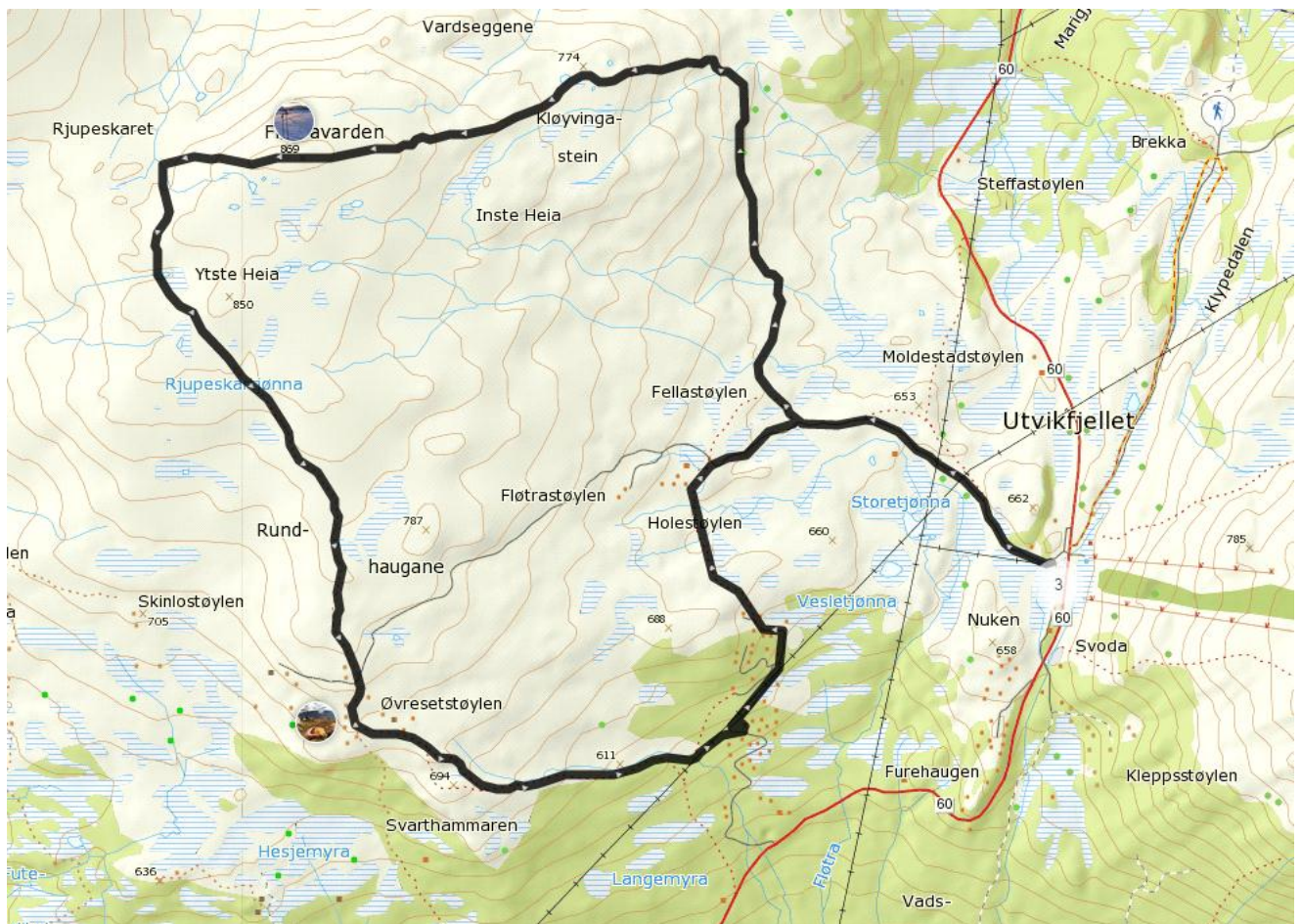






Při dostatku času a hezkém počasí trek v Utvikfjellet

390 Utvikfjellet - parking: 61.765324°, 6.502800°





## Ferrata Loen

401 Loen Parking u jezera: 61.871620, 6.845029

- Ideální pro parking, pokud půjdeme na ferratu v odpoledních hodinách
- Místo, odkud se dá jít na ferratu a skupina B může relaxovat
- Pokud by se nedalo stát, zaparkovat na souřadnicích, které jsou v textu u ferraty u hotelu Alexandria: GPS: 61.872792, 6.846447



### Místo pro přespání či parkování:

400 Loen: 61.868180, 6.866312

Nebo stání zde:

61.860034, 6.889954

**Pár fotek:** [http://crebroter.rajce.idnes.cz/Via\\_ferrata\\_Loen,\\_Norsko\\_18.5.2013/#](http://crebroter.rajce.idnes.cz/Via_ferrata_Loen,_Norsko_18.5.2013/#)

**Hit the wall!** If you thought the steep hillsides in Nordfjord are impressive to look at, why not impress yourself and climb them all the way up to the top? Admittedly, hanging from a steep mountainside above a fjord is not something you do every day, and you would think it sounds strenuous and somewhat dangerous. However, thanks to a well-prepared climbing track to the top of Hoven (1010 meters above the fjord), most people manage to climb the Via Ferrata trail ("iron road") in Loen. A guide is with you all the way and with a harness attached, you can't fall. It is just a matter of taking in the view!

Vloženo z <<http://www.visitnorway.com/en/product/?pid=159306>>

### Description

## VIA FERRATA WITH FJORD VIEW IN LOEN

An exciting challenge in spectacular scenery. Via Ferrata Loen starts at Hotel Alexandra and takes you up to Mt. Hoven (1011 m.). Fantastic views of beautiful mountains, glaciers and fjord. Duration 5-6 hrs.

New suspension bridge - the longest in Europe

The new suspension bridge across a 160 meter deep canyon is 120 meters long, and is the longest via ferrata bridge in Europe. The bridge opened in August 2013. The walk across will definitely give you butterflies. The bridge is located at 750 m.a.s.l. To get there you have to climb the Via Ferrata Loen.

What is a Via Ferrata?

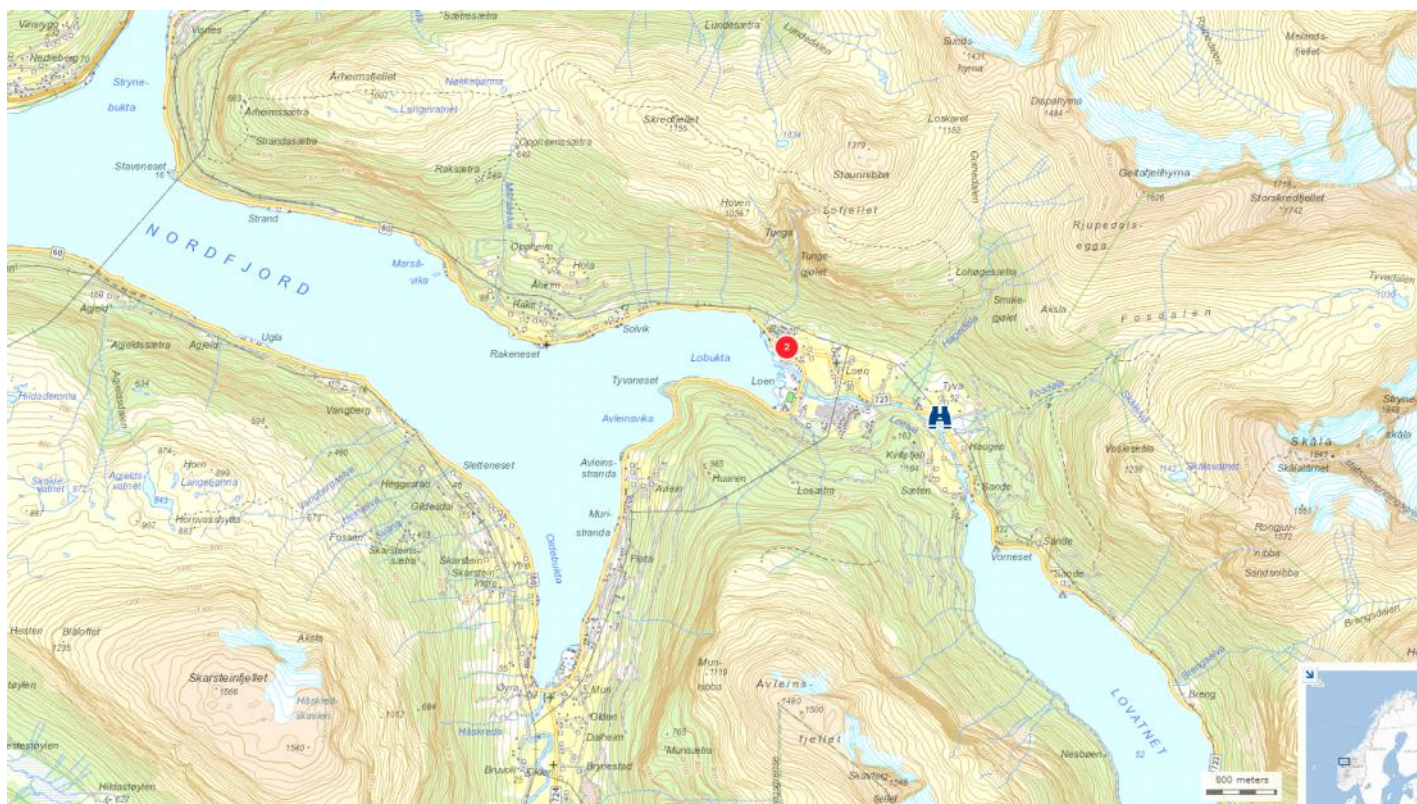
The name Via Ferrata comes from Italy, where they built an "iron road" in the mountains during the first world war. The essence of a modern via ferrata is a steel cable which runs along the route and is periodically (every 3 to 10 metres (9.8 to 33 ft)) fixed to the rock. Using a via ferrata kit the climber can secure themselves to the cable, limiting any fall.

Facts:

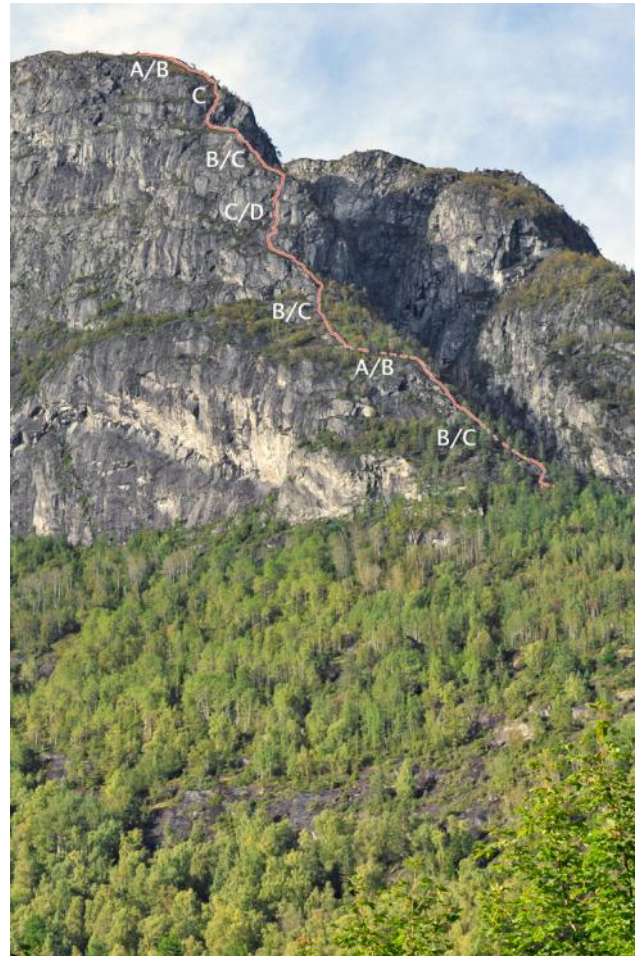
- Forest road from Heggelia behind Hotel Alexandra to an altitude of 170 metres.
- Path through steep terrain from an altitude of 170 metres to 460 metres.
- Height difference from forest road to start of the Via Ferrata: 300 metres
- Walking time on path: 1 to 1 1/2 hours
- Altitude at start of Via Ferrata, 460 metres
- Height of Via Ferrata, 650 metres
- Climbing metres, 900 - 950 metres
- Cable length, 800 - 850 metres
- Top of Via Ferrata – altitude of 890 - 900 metres
- From top of Via Ferrata to Hoven, height difference of 100 to 120 metres
- Length, 250 metres
- Mt. Hoven, altitude of 1,011 metres

All hiking/climbing in the area is at your own risk.

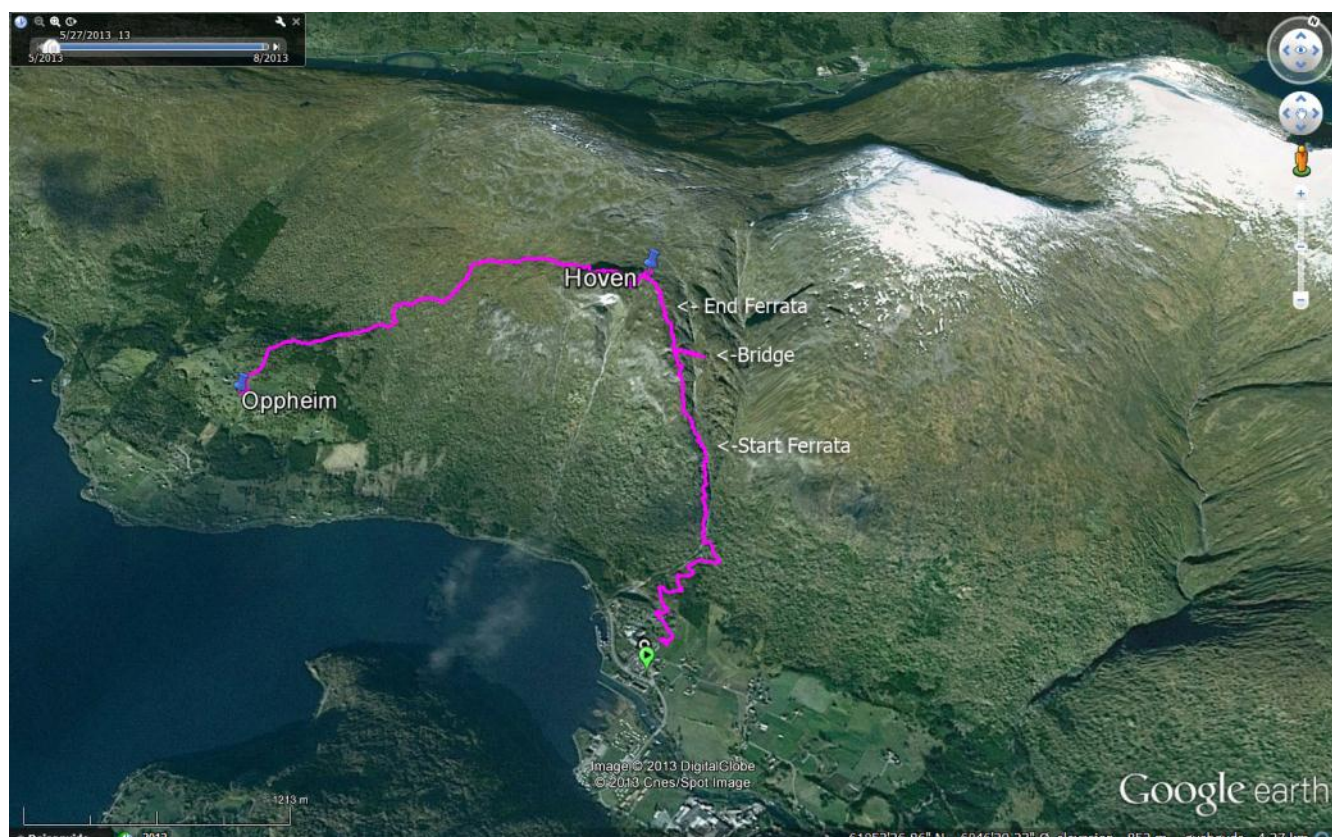
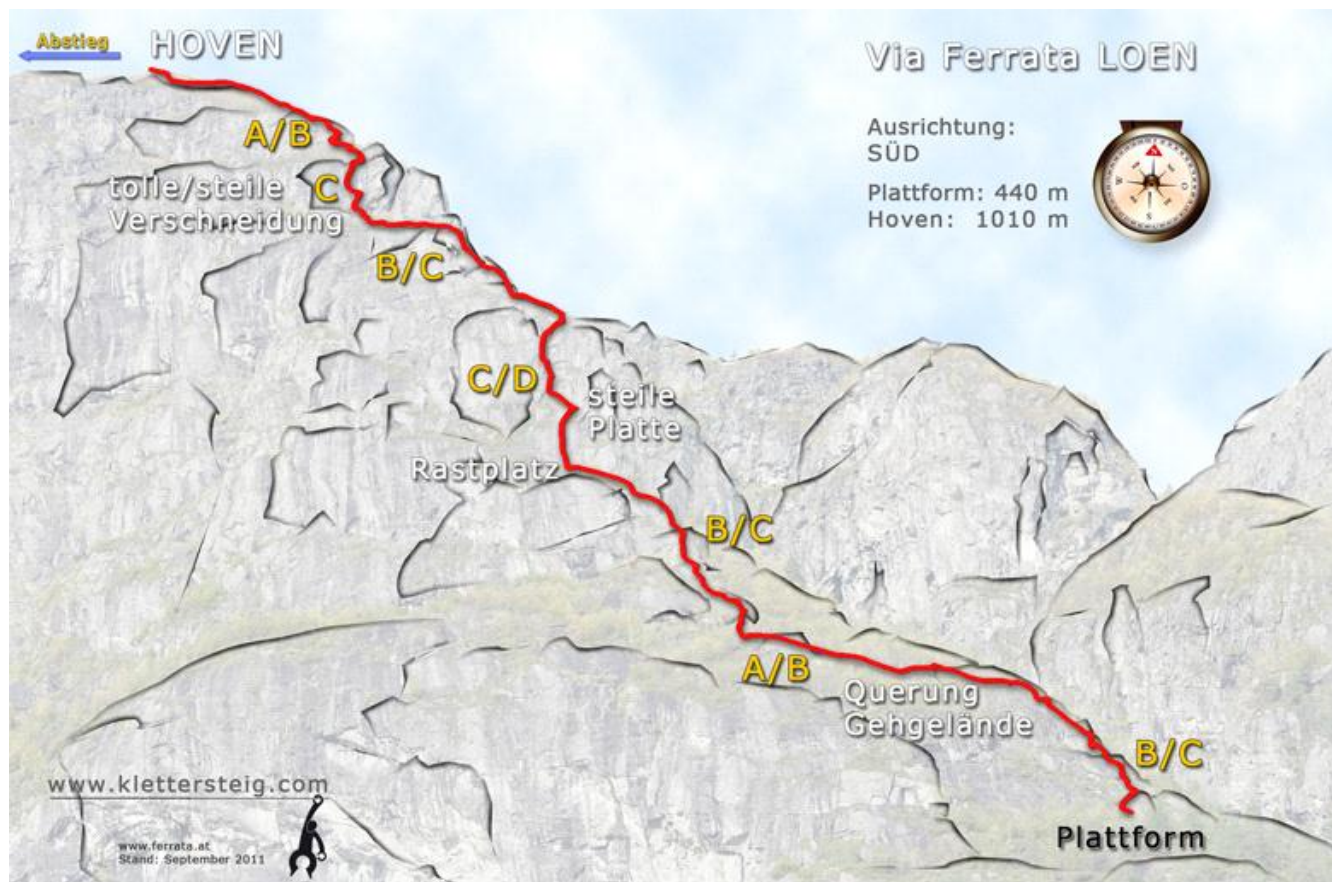
Vloženo z <<http://www.visitnorway.com/en/product/?pid=159306>>











### Via ferrata v Loenu (C/D)

Celková túra: 6-7 hod.

Nástup: 50 min.



Lezení: 3 hod.

Obtížnost: C/D, nejdelší ferratový most v Evropě 120 metrů. Za mokra kluzké, kvůli absenci kramlí nedoporučuji.

**GPS parkoviště: 61°52'19.7"N, 6°50'47.1"E**

Pro mě **nejhezčí ferrata v Norsku** co se týče lezení, ale i výhledy. Nejvíce se blíží sportovním rakouským ferratám. Kramlí je málo. Můžu doporučit i pro zkušené děti. Most je jednoduchý, dobře zajištěný.

Kolem **Hotelu Alexandra** do kopce, měla by být značená (skromně značená). Doporučuji nezatmět, cesta zpět se hledá špatně (osobní zkušenosti). Z Oppheimu zpět do Leonu je to ještě hodina cesty po silnici.

## Gamle Strynefjellsvegen

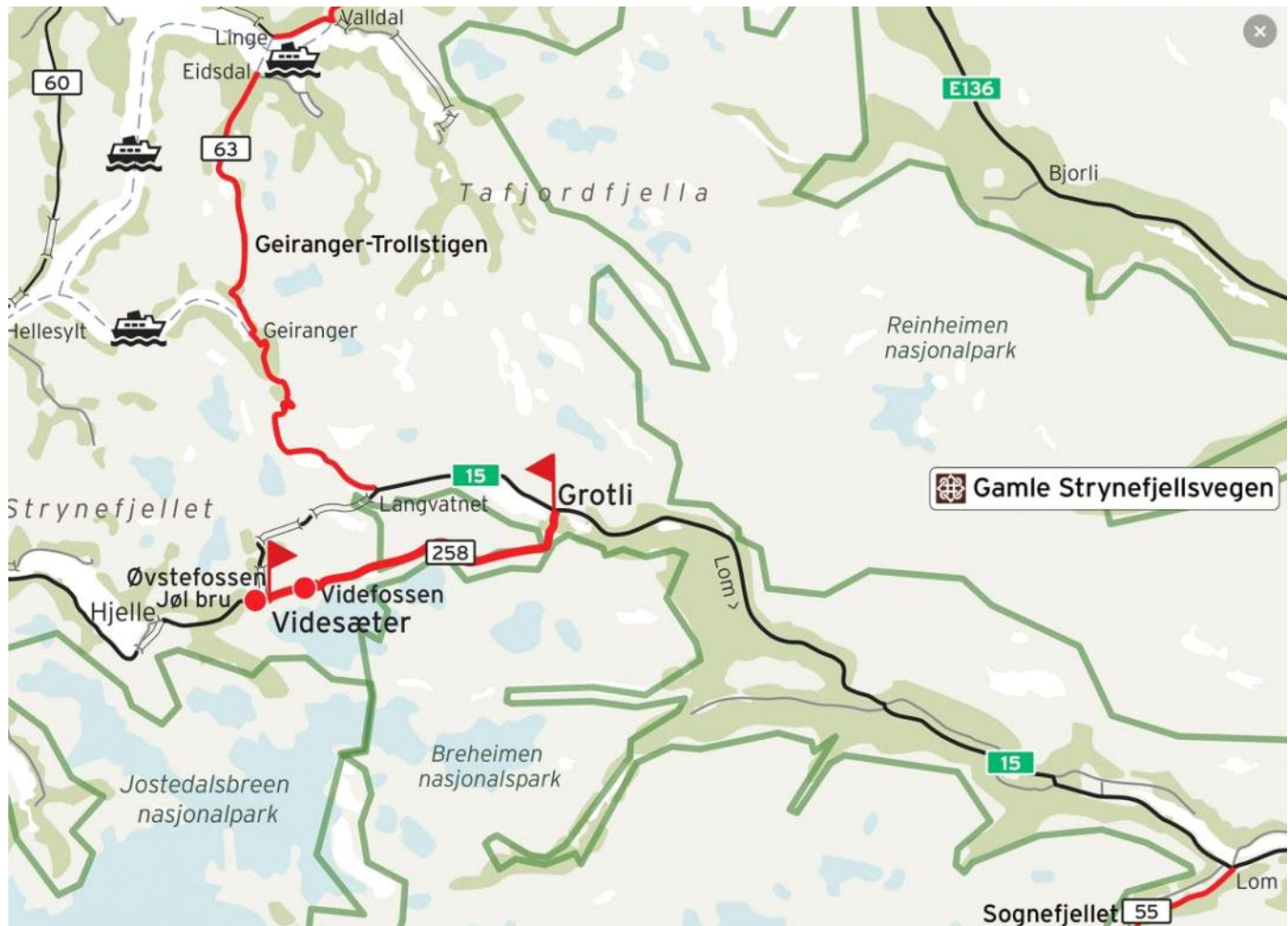
Sometimes it is the road itself that is the destination and this is true of Gamle Strynefjellsvegen. As well as being staggeringly beautiful, the National Tourist Route from Western Norway to the eastern part of Southern Norway is also designated as a listed road. The road itself is a landmark and a testimony to a masterpiece of engineering design from a bygone time. Built by manual labour towards the end of the 19th century, it conveys a historical presence. At times you drive on old gravel roads that give you a sense of journeying backwards in time. Enjoy this. Take time, find a sense of peace and let the landscape embrace you. The old road offers imposing contrasts in the landscape: to the east rounded shapes bearing the stamp of the ice age and to the west precipitous mountainsides. If you take a kayak with you on the trip you can paddle in the wonderful mountain tarns. You will be astounded by the turquoise waters surrounded by jagged mountain peaks – as well as by the more regular walks. These represent a few examples of some of the many fantastic things you can experience along Gamle Strynefjellsvegen. It's not without reason that the road has impressed travellers for over a century.

### History

When tourism started to emerge as an important industry in the rural areas bordering on the fjords in the last decades of the 19th century, the first thoughts arose of a road over Strynefjellet. In 1881 therefore the decision was taken to build a road, and migrant workers from Sweden joined local forces to begin the heavy construction work. The road was completed in 1884, and it still impresses us as relatively untouched. Here you will find long rows of guard stones and the old hand-built drystone walls along the road. These are the crash barriers of a time when horses and carts were more usual than cars. Traces of former bridleways that were used for transport between east and west can be seen alongside the road. At Gamle Strynefjellsvegen you will also find old stone slabs that travellers used for shelter at night.

### Experiences

When the mountains don their autumn garb, Gamle Strynefjellsvegen looks really magnificent. Nature is beautiful at all times, but the glowing autumn colours convey a completely different radiance and experience. Everyone who likes to be close to rushing cascades must take the time to stop at the viewpoints at the Øvstefossen and Videfossen waterfalls. If you prefer to cycle, you will be richly repaid for your exertions on Norway's oldest tourist route.



**Hjelle**

420 Helle: 61.915909°, 7.110655°





### The Old Shop at Hjelle

425 Hjelle - The Old Shop: 61.914402179, 7.1131968498

The shop dates from 1882 when Thor Hjelle (who later started Hjelle Hotel in 1896) started as a shopkeeper on the quay at Hjelle.  
The shop was a general store until Hjelle tunnel was opened in 1996, creating a by-pass of the old village

centre. One year later the shop was closed down.

In 2006 the shop reopened with a new and exciting concept. Summer 2007 also brings with it an even larger selection of local crafts and art.

#### DESCRIPTION

This is one of the National Tourist Roads in Norway. The over 100 years old road winds over the mountain between Stryn and Skjåk. For many years the gravel road was the only connection between east and west. To re-create the authentic feeling of driving on the road as it was in the old days the Norwegian Public Roads Administration has re-erected the row of guard stones.

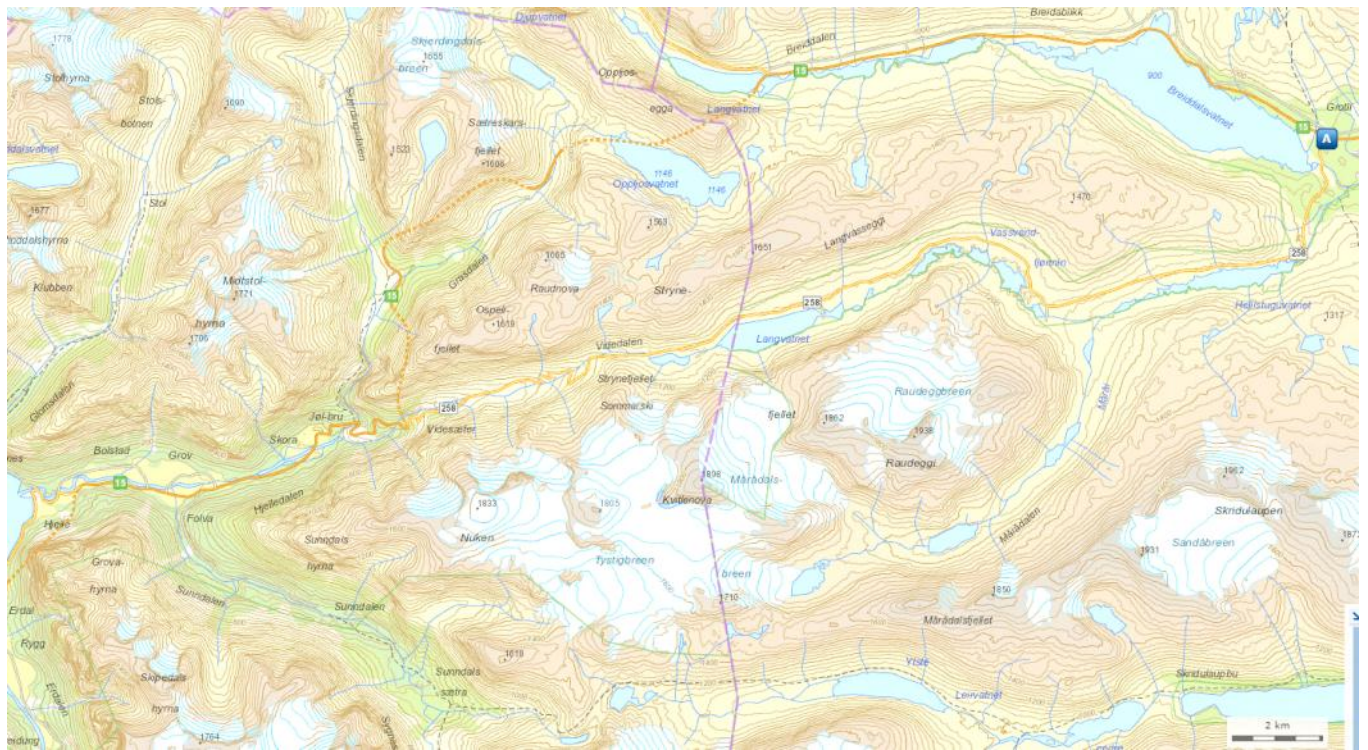
Along the tourist road you will also find the summer ski centre, picnic areas and information boards which inform about the landscape, the geology and the natural surroundings.

*The road is closed in winter. It opens in June, and remains open until the first snowfall. In 2014 the road closes 17th of October.*

The tourist information offices have brochures on The Old Strynefjell Mountain Road.







Pokud by byla zastávka v Hejlle delší, je možné se jít podívat na 42: 61.925461934, 7.0856666564



### Østefoss waterfall

435 Østefoss : 61.936527782, 7.2599458694

Østefoss waterfall is situated along the National Tourist Road RV 15 in the end of Hjelledalen Valley.

The waterfall is an impressive sight which has been admired by travellers for more than 100 years. From the road, a trail leads to a viewing platform with a steel railing. This will ensure that you can have a safe, but close-up and intense experience of the waterfall. Architect: Jensen & Skodvin arkitekter.

Park along the road and follow the trail down to the view point. Approx. 150 meters walk.





## Videfossen (Buldrefossen)

440 Videfossen: 61.940494761, 7.2708034515

Close to Hjelle, at the start of the old Strynefjell mountain road is Videfossen Waterfall (also called Buldrefossen waterfall). Here the waters thunder and roar as they dive to the valley below.



## Geiranger - Trollstigen National Tourist Route

Experience the UNESCO-protected Geirangerfjord and the Trollstigen Mountain Road, two of Norway's most dramatic and most visited attractions.

### Location

Geiranger - Trollstigen National Tourist Route is a 106-kilometre-long stretch of road between Lake Langvatnet on Strynefjell and the Sogge Bridge in Romsdal in [Fjord Norway](#).

### The road

Geiranger - Trollstigen is a road through west Norwegian nature at its most powerful, with a dizzying view of sheer mountainsides, waterfalls, deep fjords and fertile valleys. Since tourism was in its infancy, tourists from all over the world have visited Geiranger and Trollstigen.

The Trollstigen Mountain Road has a steep incline of 9 percent and consists of **11 hairpin bends**. Encircling the road are **lofty mountains**. Names such as **Kongen** (the King), **Dronningen** (the Queen) and **Bispen** (the Bishop) confirm their majesty.

Trollstigen has been a magnet for tourists since the road opened in 1936. Being able to drive up these steep mountainsides from Trollstigfoten to Stigerøra is thanks to the skills of engineers and road builders. They also set their mark on Geiranger, where Ørnevegen, Geirangervegen and the road to Dalsnibba all offer some elevating drives to unique viewpoints.

### Viewpoints along the road

There are **six panoramic view- and rest areas** along the Geiranger - Trollstigen National Tourist Route: For centuries, travellers have stopped at [Flydalsjuvet](#) to enjoy the view. Here you will find a rest area with services and a viewing platform towards the Geirangerfjord.

**Ørnesvingen** too has been widely used by travellers as a place to stop and enjoy the view. The location offers a magnificent view of Geiranger and the Geirangerfjord.

You will also find a service building at the ferry landing at **Linge**. Ferry connection to Eidsdal.

**Gudbrandsjuvet** has a viewing platform, a bridge over the Gudbrandsjuvet Gorge, commercial and service facilities and a new parking lot.



**Juвет Landscape Hotel** aims to be different from other **design hotels** in that it showcases the nature that surrounds it rather than focusing on its own architecture.

**Trollstigplatået** features two viewpoints with great views over the Trollstigen Mountain Road.

500 Flydalsjuvet - vyhlidka: 62.090121°, 7.223410°

- Krátká zastávka s výhledem na Geirangerfjorden



510 Ørnesvingen - vyhlidka: 62.126095°, 7.166730°

- výhled na fjord včetně vodopádů 7 sester



Možná rozdělit se - ti co chtějí vidět trollí stezku pokračují na 520, ostatní se z Geirangerfjordu kousek vrátí a jedou na 525 - sraz na 530

### **Trollstigen**

520 Trollstigen: 62.454532°, 7.664934°

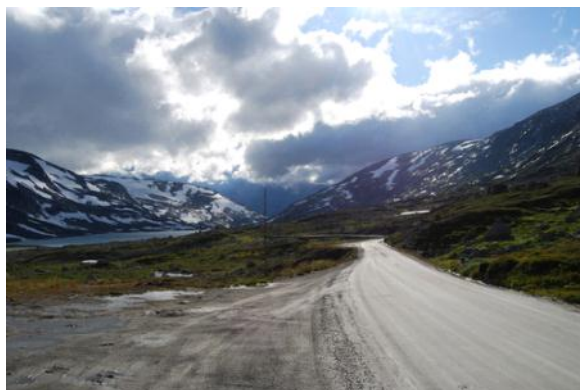
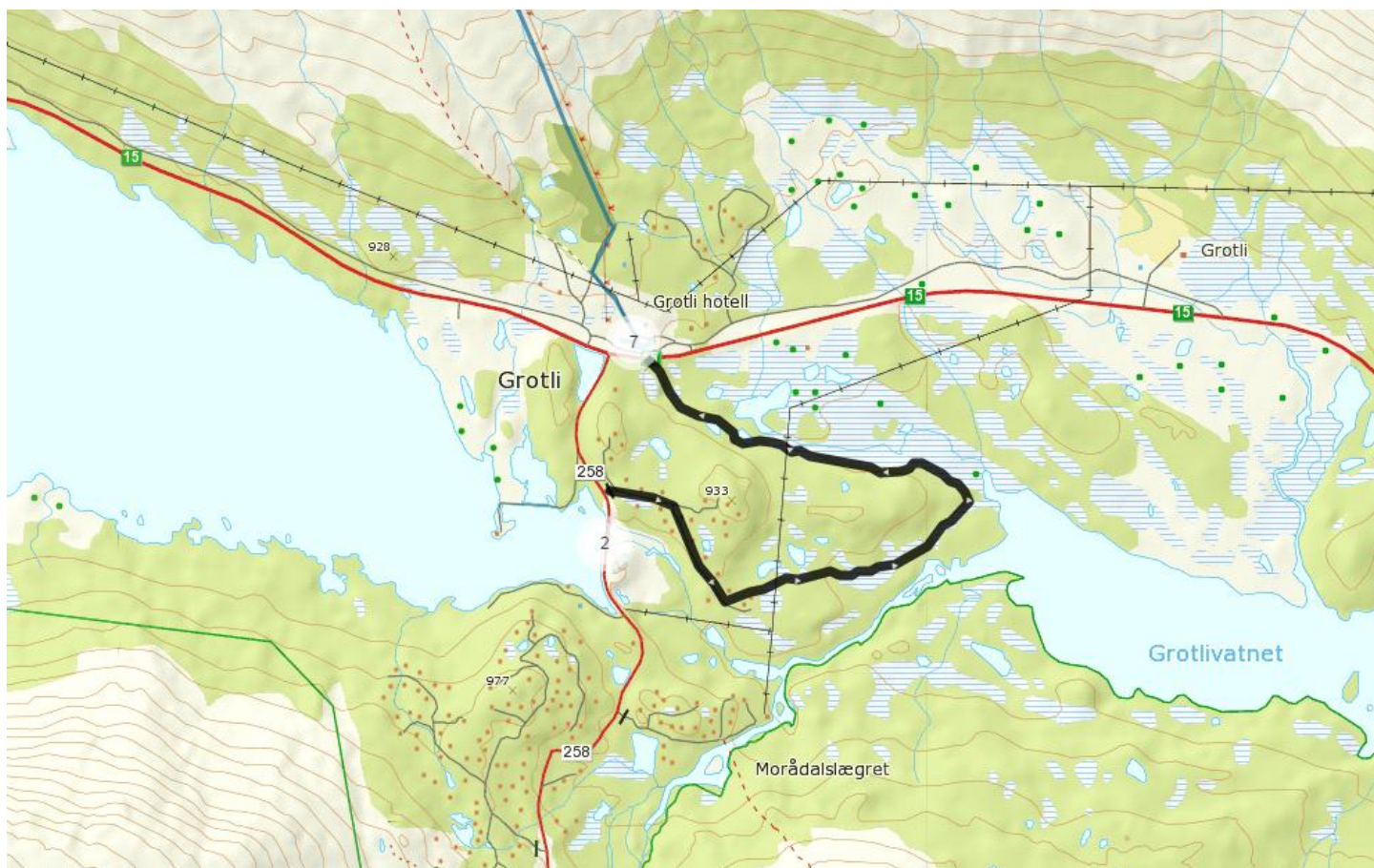
525 road 63: 62.013875°, 7.401615°

- Oběd nebo místo na přespání





526 Grotli: 62.009817°, 7.629749°  
- 2.7 km trek, minimální převýšení







527 Pollfoss: 61.960928°, 7.895950°



530 Elveseter: 61.776875°, 8.428181°



## Sognefjellet National Tourist Route

High in the Jotunheimen mountains, the Sognefjellet Mountain Road runs between the Sognefjord and the Gudbrandsdalen Valley.

### *Feigumfossen - vyneschat*

The 218 metre high Feigumfossen waterfall is in an idyllic setting on the southern side of the Lusterfjord. You can take the short walk in to the falls or admire the view of it from the National Tourist Route on the northern side of the fjord.

545 Feigumfossen: 61.386214°, 7.429407° - vyneschat



### *Urnes Stave Church - vyneschat*

Urnes Stave Church is the oldest Stave Church in Norway, and is part of the **UNESCO World Heritage**. You can drive to [Urnes Stave Church](#) from Skjolden along the east side of the fjord. Or you can take the **ferry** from Solvorn, further out the Sognefjord.

550 Urnes Stave Church: 61.299300°, 7.315224°





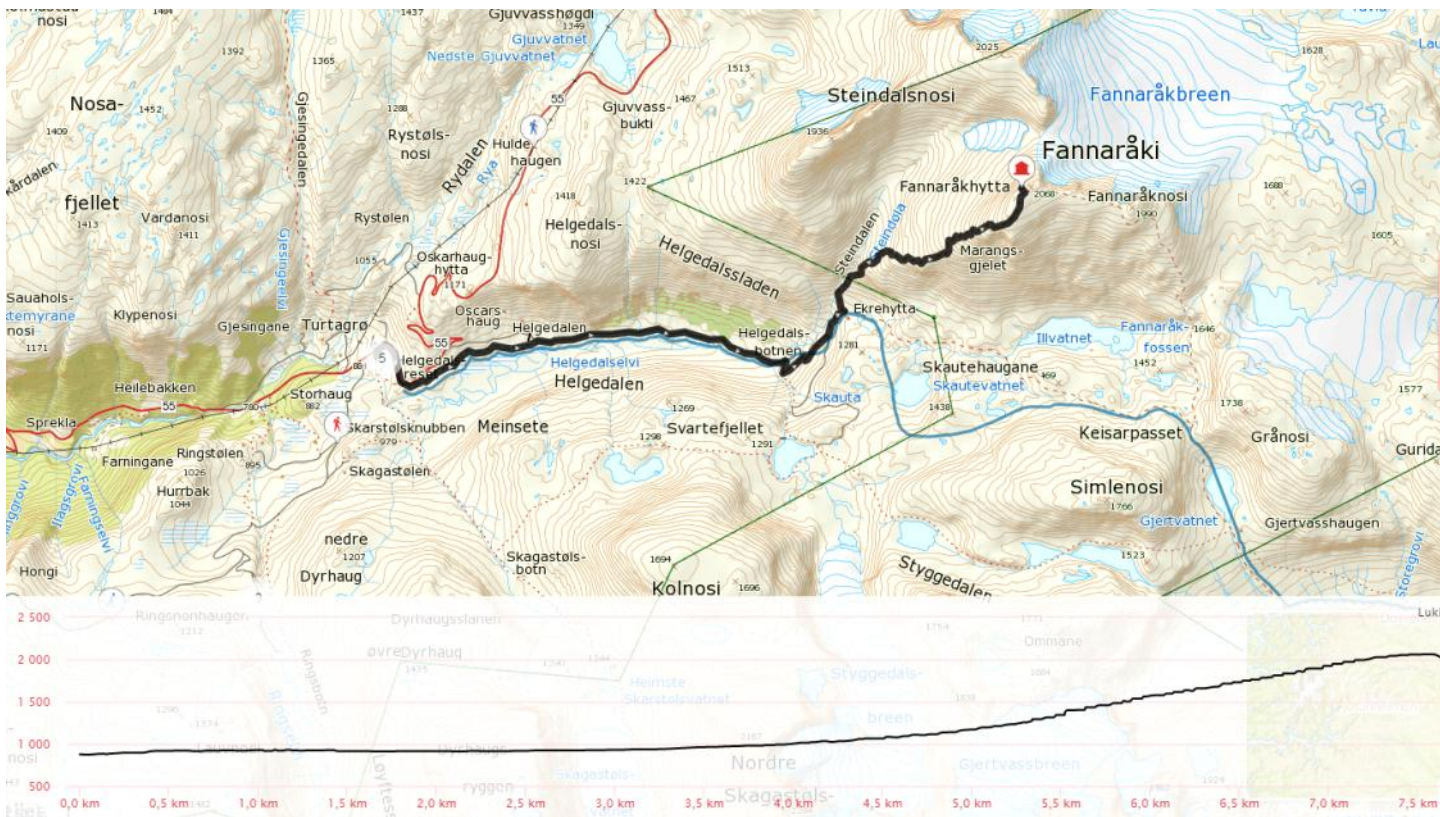
551 Turtagro: 61.506336°, 7.802138°

- Vyhlášené místo pro divoké kempování, možná přespat
- Možnost několika treků



Trek 7.6 km, převýšení 200 metrů:





552 placena silnice: 61.429629°, 7.721451°







Místo tunelu možná jet okolo přes Kvignadal

553 Kvignadal - prujezdny bod: 61.031747°, 7.327491°



555 Vassbygdatnet - zastavka: 60.855516°, 7.306467°

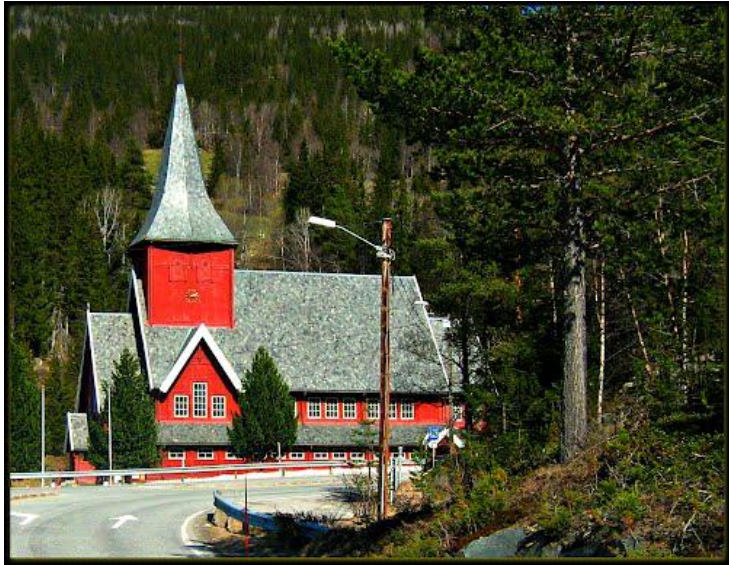
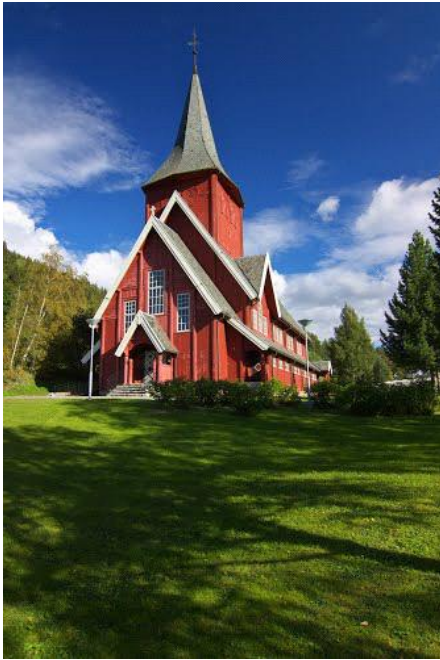




560 Hol church: 60.614824°, 8.299132°



570 Hagafoss kirke: 60.598152°, 8.347394°



580 Sami huts in the Hardangervidda: 60.435131°, 7.773447°





600 Voringfossen: 60.425775°, 7.247058°

- Největší vodopád v Norsku, 145 metrů
- Možnost přespání
- Možný trek do údolí



640 Haukelisetter - zastavka: 59.824081°, 7.193078°



650 místo na prespaní: 59.815003°, 7.205621°  
- Případně jen oběd či zastávka



**K jeskyním trollů**  
- Trek 3 hodiny

700 Kilegrend: 59.006976°, 8.278353°





## 6 K jeskyním trollů

Idylická cesta za přírodou a kulturou u Fyresvatnetu

### Kilegrend – Trollholene – Glomfoss – Kilegrend

**Přijezdové místo:** Horská obec Fyresdal v západním Telemarku leží u jezera Fyresvatnet na východním okraji oblasti Setesdalsheiene (Austheiene).

**Výchozí bod:** Parkoviště u školy v Kilegrendu. Přijezd po silnici 41 Kristiansand – Kvitesand, v Tjarnefossu odbočit na státní silnici 355, v Kilegrendu je nápis „Grendehus / skule“.

**Čas chůze:** Kilegrend – jeskyně trollů 20 min., jeskyně trollů – Glomfoss 1½ hod., Glomfoss – Kilegrend 10 min., celkem 2–3 hod. (7 km).

**Výškový rozdíl:** 200 m.

**Náročnost:** Snadná trasa po hospodářských cestách, částečně po neudržované stezce.

**Ubytování:** Øyne Camping.

**Mapy:** Turk 80 list Setesdal Austhei Sar, TK 50 list 1513 II Fyresvatnet a 1512 I Gjevdal.



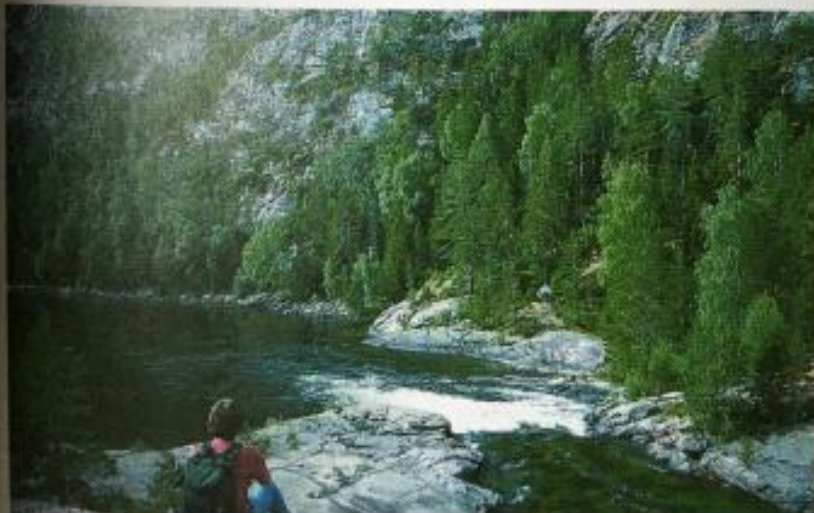
**Tip:** Bude-li vhodné počasí, nezapomeňte si vzít věci na koupání!

Tato idylická lesní trasa na jihu jezera Fyresvatnet vede po naučné stezce *Øynuten rundt*, jejíž informační tabule jsou napsány norský a německy. K vrcholům patří Jeskyně trollů, stará školní cesta, bobří hrad, vodopád Glomfoss a přímo rajské pohledy na jezera.

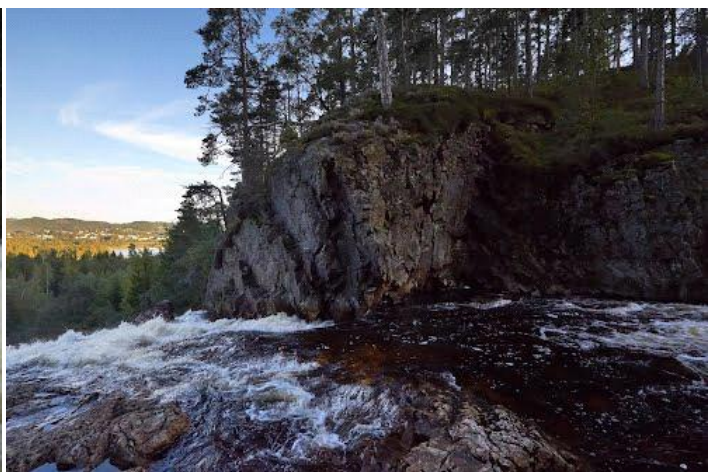
Od parkoviště u základní školy v **Kilegrendu** půjdeme po příjezdové silnici vedoucí nahoru ke státní silnici. Tam odbočíme doprava. Modrá značka, tabule *Øynuten rundt* a podrobné informační tabule nás dovedou k dřevěnému mostu **Bjonsundbruene** (most přes Medvědí zátoku). Ten přejdeme a ocitneme se na ostrově, po jehož okraji vede naučná stezka. Strmé skály, zátočiny řeky podobné jezerům a les s bohatou flórou vytvářejí malebný obraz zdejší krajiny. U druhého statku půjdeme podle směrovky „Trollholene“ po strmé stezce vpravo nahoru. **Trollholene** (jeskyně trollů) vznikly na konci poslední doby ledové asi před 10 000 lety. Jsou to 3–8 m vysoké a až 4 m hluboké jeskyně na jižním úbočí Øynutenu, porostlé pralesem. Do prostřední jeskyně, která vypadá jako sál, se vejde nejméně 50 lidí. Od roku 1911 se tu konají „jeskynní bohoslužby“. U vchodu do jeskyně, která vytváří přírodní amfiteátr, stojí dřevěná kazatelna s křesťanským

Můžem. Od jeskyně je vidět mezi stromy hladina jezera Krokane. U něj se dá krásně odpočívat. Od jeskyně trollů se vrátíme zpět na okružní trasu. Cesta se o něco později u jezera **Krokane** promění v pěšinu, po níž chodily děti od roku 1861 až do přelomu století do školy. Tato prastará **školní cesta**, která je na začátku porostlá křovím, ale dále přece jen vypadá jako stezka pro pěší, končí u osamělého statku u dalšího jezera. Také tady je možné se vykoupat. Od statku pokračujeme po lesní cestě dál k jednomu z četných **bobříh hradů** (informační tabule a strmá stezka) u této vody a pak dál lesem, až se dostaneme k jezeru **Båttjorni**. Tam se nacházejí zbytky přístaviště z doby, kdy se ke statkům u jezera nedalo dojet po cestách, ale ze statku do statku a do kostela se jezdilo lodí. O něco později půjdeme kolem kempu **Øyne** (možnost ubytování), který leží na klidném místě, projdeme tunelem, uvidíme bývalou **vodní pilu** Glomfoss, přejdeme hráz a odbočíme vpravo na **Gamal Postveg**. Po této staré poštovní cestě lesem dojdeme na skalní vyhlídku nad vodopádem **Glomfoss** a vrátíme se zpátky k výchozímu bodu.

U vodopádu Glomfoss.



- 800 Birkeland - stani: 58.335244°, 8.213293°
  - Stání u řeky, kousek dál vodopád Flaksfoss
    - o 805 Flaksfoss: 58.336364°, 8.205119°





### **Gundvangen**

58.583758, 7.79952

- je opuštěný přístav na konci fjordu Naeroyfjordu. Jezdí sem lodě jak z [Bergenu](#), tak z Flamu.  
<http://www.fjordcruise.no/web/images/gudvangen.jpg>

### **Orrestranden**

Pláž, Norsko

- I v Norsku můžete najít [Písečnou](#) pláž. Je jím Orrestranden u Jaderen, jižně od Stavengeru. Koupání je však pouze pro otužilé – v nejteplejších dnech má voda pouhých 16 st. Pro slunění a procházky je to ideální místo.

### **Lipko - zábavný park**

<http://www.belantis.de/index.php?id=5&L=1>